



## PARTICIPANTS NEEDED EQUINE GUIDED WORKSHOPS FOR PEOPLE LIVING WITH EARLY STAGE DEMENTIA

Mondays – October 16, 23, & 30 10:00 am – 3:00 pm

Center for Equine Health One Shields Ave  
Davis, CA 95616

There is **NO COST**  
to participate in this  
program

### Participants Needed for Equine Guided Workshops and Pilot Study

**What:** A series of workshops with horses for people living with early stage dementia and their care partners. No prior experience with horses is necessary to participate in this study. Participants will not be riding horses; they will be engaging with the horses from the ground.

**Who:** We are looking for people who have a diagnosis of early stage dementia or MCI to participate with their primary care partners (e.g. Family member or friend). All participants must be ambulatory with stable medical health.

**Why:** To gain a better understanding on how to better support people affected by dementia. Also to identify helpful approaches to improve relationships and reduce stress.

#### **Time Involved:**

26 hours including initial introduction telephone calls, 3 initial workshop days, 2 booster workshop days a few months later, and follow-up program evaluation calls.

**UC Davis School of Medicine**  
**Study Principal Investigator:**  
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**Study Medical Advisor:**  
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**UC Davis Center for Equine Health**  
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**If interested in participating, please contact:**  
**916-708-4904**

#### **Connected Horse Coordinators**

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