



## EQUINE ASSISTED WORKSHOPS

FOR PEOPLE LIVING WITH EARLY STAGE DEMENTIA AND THEIR CARE PARTNERS



**Xenophon Therapeutic Riding Center** in collaboration with **Connected Horse** is offering **Equine Assisted Workshops** for people with early stage dementia and their care partners.

- No prior horse experience needed to participate.
- Participants will be engaging with horses from the ground, no riding.
- All participants must be ambulatory and willing to participate together.
- There is no fee to participate
- Xenophon is located in Orinda

**The Connected Horse program** is based on research conducted through UC Davis School of Medicine and Center for Equine Health.

CALL TODAY FOR INFORMATION ABOUT 2019 WORKSHOPS

**Session 2-** 9:30am-12:00pm on April 17, 24, May 1, 8,15

**Session 3-** 9:30am-12:00pm on June 19, 26, July 10, 17, 24

If interested in participating, please contact:

(925)377.0871

[info@xenophontrc.org](mailto:info@xenophontrc.org)

*"The time with horses allowed me to be present, relax and just enjoy a new experience together"*

—- Care partner